



SAVANNA DINING ROOM

DEC 2ND – DEC 8TH

MONDAY

- CHICKEN & WHITE BEAN SOUP
- CREAM OF CAULIFLOWER SOUP
- BLUE BERRY FETA SALAD
- SWEDISH MEATBALLS WITH EGG NOODLES
- LOW SODIUM CHICKEN TERIYAKI
- EGG NOODLES
- FRIED RICE
- STEAMED BROCCOLI
- ROASTED CHERRY TOMATOES WITH BASIL
- APPLE PIE

WEDNESDAY

- GREEK CHICKEN SOUP
- MACARONI & CHEESE SOUP
- WALDORF SALAD
- LONDON BROIL WITH MUSHROOM GRAVY
- APPLE GLAZED DUCK BREAST
- TWICE BAKED POTATOES
- CRANBERRY WILD RICE
- ROASTED CAULIFLOWER
- BRAISED CABBAGE & CARROTS
- CHERRY PIE

FRIDAY

- PUMPKIN SOUP
- BEEF PASTA SOUP
- DRIED CHERRY GOAT CHEESE PISTACHIO SALAD
- FETTUCINE ALFREDO WITH SKEWERED SHRIMP
- HONEY BOURBON PORK LOIN
- FETTUCINE ALFREDO
- MASHED POTATOES
- SAUTÉED SPINACH
- HARVARD BEETS
- PINEAPPLE UPSIDE DOWN CAKE

TUESDAY

- EGG DROP SOUP
- BLACK BEAN SOUP
- BLUE BERRY FETA SALAD
- HEARTY BEEF STEW SERVED OVER A BISCUIT
- DIJON HERB CRUSTED COD
- BUTTERMILK BISCUIT
- MASHED RED POTATOES WITH SOUR CREAM, CHIVES AND SKIN
- BRUSSELS SPROUTS
- CREAMED CORN
- BLUEBERRY BUCKLE

THURSDAY

- SPLIT YELLOW PEA SOUP
- MUSHROOM BEEF BARLEY SOUP
- WALDORF SALAD
- ROOT BEET GLAZED HAM
- CHICKEN AND DUMPLINGS
- MASHED SWEET POTATOES
- GREEN BEAN CASSEROLE
- CARROTS VICHY
- CHOCOLATE CREAM PIE

SATURDAY

- BEEF & BEAN CHILI
- CHICKEN NOODLE SOUP
- DRIED CHERRY GOAT CHEESE PISTACHIO SALAD
- VEAL PARMESAN
- POT ROAST WITH GRAVY
- YUKON MASHED POTATOES
- CHEESE TORTELLINI
- STEAMED ASPARAGUS
- ROASTED VEGETABLES WITH PEARL ONIONS
- PUMPKIN SPICED MOUSSE

HEART Indicates DASH Diet Friendly