



SAVANNA DINING ROOM

JAN 27TH – FEB 2ND

MONDAY

- CHICKEN & WHITE BEAN SOUP
- CREAM OF CAULIFLOWER SOUP
- BLUE BERRY FETA SALAD
- SWEDISH MEATBALLS WITH EGG NOODLES
- LOW SODIUM CHICKEN TERIYAKI
- EGG NOODLES
- FRIED RICE
- STEAMED BROCCOLI
- ROASTED CHERRY TOMATOES WITH BASIL
- APPLE PIE

TUESDAY

- HEARTY VEGETABLE SOUP
- BLACK BEAN SOUP
- BLUEBERRY FETA SALAD
- BEEF & POTATO STEW OVER A BISCUIT
- DIJON HERB CRUSTED FISH
- BUTTERMILK BISCUIT
- PARMESAN ORZO
- BRUSSELS SPROUTS
- CREAMED CORN
- BLUEBERRY BUCKLE

WEDNESDAY

- GREEK CHICKEN SOUP
- CHEDDAR & BROCCOLI SOUP
- WALDORF SALAD
- BAKED HAM
- ROASTED DUCK WITH PAN GRAVY
- TWICE BAKED POTATOES
- CRANBERRY WILD RICE
- ROASTED CAULIFLOWER
- BRAISED CABBAGE & CARROTS
- CHERRY PIE

THURSDAY

- SWEDISH PEA SOUP
- MUSHROOM BEEF BARLEY SOUP
- WALDORF SALAD
- LONDON BROIL WITH MUSHROOM GRAVY
- CHICKEN AND DUMPLINGS
- MASHED SWEET POTATOES
- GREEN BEAN CASSEROLE
- ROASTED CARROTS
- PINEAPPLE UPSIDE DOWN CAKE

FRIDAY

- SEAFOOD BISQUE
- BEEF PASTA SOUP
- DRIED CHERRY GOAT CHEESE PISTACHIO SALAD
- FETTUCINE ALFREDO WITH SKEWERED SHRIMP
- HONEY BOURBON PORK LOIN
- FETTUCINE ALFREDO
- MASHED POTATOES
- SAUTÉED SPINACH
- HARVARD BEETS
- CHOCOLATE CREAM PIE

SATURDAY

- BEEF & BEAN CHILI
- CHICKEN NOODLE SOUP
- DRIED CHERRY GOAT CHEESE PISTACHIO SALAD
- VEAL PARMESAN
- POT ROAST WITH GRAVY
- YUKON MASHED POTATOES
- CHEESE TORTELLINI
- STEAMED ASPARAGUS
- ROASTED VEGETABLES WITH PEARL ONIONS
- PUMPKIN SPICED MOUSSE

HEART Indicates DASH Diet Friendly