

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2017



8:20 Bus Rides to Church (SR) 3 10:30 Catholic Communion (FH) 11:00-1:30 Sunday Brunch (SR) 3:00 Hand and Foot (CER) 4:00 Prairie Voices of Sun City Huntley Holiday Singalong (FH) ●	8:30-12:00 Bus for Dr. (SR) 4 10:00 Better Balance (FH) 1:00 Caregiver Support Group (IC) 2:00 Festive Scrabble, Eggnog and Cookies (CER) ●	9:30 Open Art Studio (CER) 5 10:00 Yoga 101 (FH) 10:00 Women's Bible Study (IC) 1:30 Holiday Music with Frank Rossi (FH) ● 2:00 Geneva Public Library (CR) ● 1:30 Kevin's Corner (MPR) 3:30 Tech Support (CER, SR) 5:00 St. Patrick's Girl Scouts Caroling During Dinner ● 7:30 Movie (MPR)	9:00 Farewell to Kathy Barber (MPR) 6 10:00 Fall Prevention (FH) 11:30 Chair Yoga (FH) 12:30 Elf the Musical Outing (SR) ● 1:30 Pinochle (CER) 1:30 'Twas the Night Before Christmas, Christmas Traditions (FH) ● ● 2:00 Roll With It (MPR) 3:00 Restructuring Update (FH) 4:30 Chapel Service (FH) 6:30 Bridge Club (CER)	9:00-5:00 Bus for Dr. (SR) 7 9:30 Advanced Yoga (FH) 10:00 Balance Assessments (FH, SR) 1:00 Choir Rehearsal (MPR) 1:30 Resident Council Mtg. (IC) 3:00 Thirsty Thursday (CR)	9:30 Bus for Shopping (SR) 1 10:00 Mindful Movement (FH) 11:00 "Yes, I CAN Get a Good Night's Sleep" Dr. Elizabeth Eckstrom (FH) ● 1:00 Mahjong (AC) 1:30 Bingo (FH) 3:30 Joy to the World: Worship Music from Judson College (FH) ● 5:15 Geneva Christmas Walk Outing (SR) ● 7:30 Documentary (MPR)	9:30 Art Club (CER) 2 10:00 Billiards (3 rd Floor) 10:00 Ping Pong (Apt. 2323) 11:00-2:00 Bistro Chili Bowl 12:00 Kaneland Madrigal Carolers During Lunch ● 3:15 Holiday Movie (MPR) ●
8:20 Bus Rides to Church (SR) 10 10:30 Catholic Communion (FH) 11:00-1:30 Sunday Brunch (SR) 3:00 Hand and Foot (CER) 3:00 Fox Valley Children's Chorus (FH) ●	8:30-12:00 Bus for Dr. (SR) 11 10:00 Better Balance (FH) 10:30 Follow the Leader Wreath Painting Class (CER, SR) ● ● 3:00 Family Tree (CL) ● 4:30-7:00 Holiday Portraits (SR) ● 4:30-7:00 Holiday Dinner (SR) ● 7:30 Fox Valley Concert Band (FH) ●	8:45 Finance Committee Mtg. (IC) 12 10:00 Yoga 101 (FH) 10:00 Women's Bible Study (IC) 12:00 Men's Luncheon (SR) 1:30 Kevin's Corner (MPR) 3:00 LifeStyles Committee Mtg. (CER) 3:00 Spiritual Life Committee Mtg. (AC) 3:30 Tech Support (CER, SR) 7:30 Movie (MPR) <i>First Day of Hanukkah</i>	9:00 Geneva Hearing (CER, SR) 13 10:00 Fall Prevention (FH) 11:30 Chair Yoga (FH) 1:30 Pinochle (CER) 1:30 Dining Committee Mtg. (IC) 1:30 Reindeer Games Scavenger Hunt (FH) ● 4:00 Chapel Service (FH) 5:00 Neighbors from Alexander Drive Caroling During Dinner ● 6:30 Bridge Club (CER)	9:00-5:00 Bus for Dr. (SR) 14 9:30 Advanced Yoga (MPR) 10:30 Catholic Mass (FH) 3:00 Spiked Hot Cocoa Bar At Thirsty Thursday (CR) ● 6:30 Lamplight Singers, Victorian Christmas Caroling Quartet (FH) ●	9:30 Bus for Shopping (SR) 15 10:00 Mindful Movement (FH) 2:00 December Birthday Party (FH) 7:30 Documentary (MPR)	9:30 Art Club (CER) 16 10:00 Billiards (3 rd Floor) 10:00 Ping Pong (Apt. 2323) 11:00-2:00 Bistro Chili Bowl 3:15 Holiday Movie (MPR) ●
8:20 Bus Rides to Church (SR) 17 10:30 Catholic Communion (FH) 11:00-1:30 Sunday Brunch (SR) 3:00 Hand and Foot (CER) 3:30 Holiday Violin Recital (FH) ● 4:30 Mill Creek Family Carolers During Dinner ●	8:30-12:00 Bus for Dr. (SR) 18 10:00 Better Balance (FH) 1:00 Caregiver Support Group Christmas Luncheon (CER) ● 2:00 Holiday Music with Jeffrey Deutsch (FH) ● 3:00 Book Club (IC) 2:00 White Elephant Exchange (FH) ● 5:00 Fabyan Elementary Girl Scouts Caroling During Dinner ●	10:00 Yoga 101 (FH) 19 11:00-2:00 Bistro Pizza Bar 2:00 Geneva Public Library (CR) ● 3:00 News & Views (FH) 3:30 Tech Support (CER, SR) 7:30 Movie (MPR)	10:00 Fall Prevention (MPR) 20 11:30 Chair Yoga (MPR) 1:30 Pinochle (CER) 1:30 Blood Pressure Clinic (CR) 2:00 Roll With It (MPR) 6:30 Bridge Club (CER) 7:00 Larsen's Christmas Lights Show Outing (SR) ●	9:00-5:00 Bus for Dr. (SR) 21 10:30 Christmas Service (FH) ● 1:30 Winter Solstice Activity (MPR) ● 3:00 Building Ops. Committee Mtg. (CER) 3:00 Thirsty Thursday (CR) 7:00 Short Stories (FH) ● ● <i>Winter Begins</i>	9:30 Bus for Shopping (SR) 22 10:00 Mindful Movement (FH) 1:00 Mahjong (AC) 1:30 Bingo (FH) 7:30 Documentary (MPR)	9:30 Blood Pressure Check And Coffee with the Fire Department (CR) 23 9:30 Art Club (CER) 10:00 Billiards (3 rd Floor) 10:00 Ping Pong (Apt. 2323) 11:00-2:00 Bistro Chili Bowl 3:15 Holiday Movie (MPR) ●
8:20 Bus Rides to Church (SR) 24 10:30 Catholic Communion (FH) 11:00-1:30 Sunday Brunch (SR) 3:00 Hand and Foot (CER)	11:00-2:00 Christmas Day Brunch (SR) 25  <i>Christmas Day</i>	7:30 Movie (MPR) 26 <i>Kwanzaa Begins</i>	10:00 Fall Prevention (FH) 27 11:30 Chair Yoga (FH) 1:30 Pinochle (CER) 1:30 Blood Pressure Clinic (CR) 2:00 Roll With It (FH) 4:00 Chapel Service (FH) 6:30 Bridge Club (CER)	9:00-5:00 Bus for Dr. (SR) 28 9:30 Advanced Yoga (FH) 1:30 Amahl and the Night Visitors Film in Honor of Jamie Daniels (FH) ● ● 3:00 Thirsty Thursday (CR)	9:30 Bus for Shopping (SR) 29 10:00 Mindful Movement (FH) 1:00 Mahjong (AC) 1:30 Bingo (FH) 2:00 Interactive Improv (MPR) 7:30 Documentary (MPR)	9:30 Art Club (CER) 30 10:00 Billiards (3 rd Floor) 10:00 Ping Pong (Apt. 2323) 11:00-2:00 Bistro Chili Bowl 3:15 Holiday Movie (MPR) ●

8:20 Bus Rides to Church (SR) 31
10:30 Catholic Communion (FH)
11:00-1:30 Sunday Brunch (SR)
3:00 Hand and Foot (CER)

Abbreviation Key

- AC – Assisted Living Conference Room
- CER – Creative Expressions Room
- CL – Computer Lab
- CR – Club Room
- FH – Friendship Hall
- IC – Independent Living Conference Room
- MPR – Multi-Purpose Room
- SR – Sign-Up Required
- SV – Savanna Dining Room
- – Life Long Learning Committee Hosted Event
- – Festive December Event

Please note activities are subject to change. Please see Daily Sheets for up-to-date information.

New Year's Eve

POP on over for a movie or two this month!



Now Playing...

- ~Maidentrip on Dec. 1st
- ~Miracle on 34th Street on Dec. 2nd
- ~Fences on Dec. 5th
- ~Spinning Plates on Dec. 8th
- ~The Man Who Came to Dinner on Dec. 9th
- ~The Zookeeper's Wife on Dec. 12th
- ~Enron: The Smartest Guys in the Room on Dec. 15th
- ~It's a Wonderful Life on Dec. 16th
- ~Midnight in Paris on Dec. 19th
- ~Man on Wire on Dec. 22nd
- ~Christmas in Connecticut on Dec. 23rd
- ~Sully on Dec. 26th
- ~Kedi on Dec. 29th
- ~White Christmas on Dec. 30th

December Birthdays!

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					1 Carl Segneri	2 Patricia Kordell Don Wenhart
3 Kathleen Dix	4 Virginia Bollhoffer	5	6 Joyce Schick	7	8	9 Lorraine Abbott Joann Engert Paul Reed Laurine Winner
10	11	12	13	14	15 BIRTHDAY PARTY!	16 Virginia Young
17	18 Martha Euker	19 John O'Connell	20 Ralph McGraw	21 Ray Larsen	22 Robert Limberg	23 Matthew Meyer
24	25 Robert Vonhoff Leonard Winner	26	27 Marilyn Hendry	28 Blanche Allen Mildred Schneider	29 Judy Blackmore Nancy Vonhoff	30 Nancy Eckstrom Doris Thompson
31						

Independent Living

December 2017

Monthly



Meet the GreenFields Veteran of the Month

Ray Larsen



Mr. Larsen served in the United States Army from 1952-1954 during the Korean War.

We thank him for his service.



How to Hygge

The Danish are responsible for many great inventions – from the loudspeaker created in 1915 by inventor Peter L. Jensen who was known as the “Danish Edison”, to the Lego brick which was patented in 1958 by Godtfred Kirk Christiansen.

As of last year, however, the Danish have become quite well known for a different kind of invention. That is the concept of hygge.

What is hygge (pronounced “HOO-guh”) you ask? There is actually not a direct translation in the English language. Hygge can be described as the feeling you get when you come inside from a long, cold, windy day and warm up to a cup of soup.

Activity Inspiration

Do you have a new hobby you'd like to try out? What about an interesting topic you want to learn more about? Maybe a place you've always wanted to go? If you've answered yes to any of these questions, please contact Emily Abrahamson, the new Life Enrichment Coordinator, at ext. 7928, emily.abrahamson@myFSO.org, or stop by office C113. Ideas and feedback welcomed!

It's the warmth of the fireside glow or a warm-hearted conversation with a friend or loved one.

Hygge is about life's simple joys that create feelings of comfort, coziness and contentment. And it's about being present and in the moment.

This month at GreenFields, we'll have many opportunities to hygge together as a community. As we send off a dear associate, share meals by candlelight (battery-powered of course!), toast one another with spiked hot chocolate, enjoy festive holiday music among many other special activities, we hope you enjoy embracing the concept of hygge this month!

