

|                                    |                                       | Reflections                           |                                      |  |                                 |  |  |
|------------------------------------|---------------------------------------|---------------------------------------|--------------------------------------|--|---------------------------------|--|--|
| Sunday                             | Monday                                | Tuesday                               | Wednesday                            | Thursday                                   | Friday                          | Saturday                               |  |
| 9/20                               | 9/21                                  | 9/22                                  | 9/23                                 | 9/24                                       | 9/25                            | 9/26                                   |  |
| <b>Breakfast Features</b>          |                                       |                                       |                                      |  |                                 |  |  |
| Scrambled Eggs<br>O'Brien Potatoes | Scrambled Eggs/<br>Hashbrowns         | Scrambled Eggs<br>Hashbrowns          | Scrambled Eggs<br>Hashbrowns         | Scrambled Egg<br>Hashbrowns                | Scrambled Eggs<br>Hashbrowns    | Scrambled Egg<br>Hashbrowns            |  |
| Lemon Poppysseed<br>Muffin         | Blueberry Muffin                      | Cinnamon Roll                         | Apple Spice Muffin                   | Donut                                      | Mini Danish                     | Banana Nut Muffin                      |  |
| <b>Soups of the Day</b>            |                                       |                                       |                                      |  |                                 |  |  |
| Beef Vegetable                     | Butternut Squash & Red<br>Pepper Soup | Minestrone                            | Potato Leek Soup                     | Turkey Noodle                              | New England Clam<br>Chowder     | Chicken Tortilla Soup                  |  |
|                                    | Chicken Wild Rice Soup                | Five Onion Soup                       | Won Ton Soup                         | Beef Chili                                 | Vegetarian Vegetable            | Beef Noodle Soup                       |  |
| <b>Lunch Salad</b>                 |                                       |                                       |                                      |  |                                 |  |  |
| Petite Garden Salad                | Petite Garden Salad                   | Petite Garden Salad                   | Petite Garden Salad                  | Petite Garden Salad                        | Petite Garden Salad             | Petite Garden Salad                    |  |
| <b>Lunch</b>                       |                                       |                                       |                                      |  |                                 |  |  |
| Chicken Picatta                    | Ham and Scolloped<br>Potato           | Turkey & Cheese Sub<br>Sandwich       | Open Faced Hot Beef<br>Sandwich      | Crispy Ranch Chicken                       | Crispy Fish                     | Hamburger with<br>Pimento              |  |
| Roasted Pork Loin                  | Chicken Ceasar Wrap                   | Stuffed Shell with<br>Primavera Sauce | Tuna Stuffed Tomato                  | Veal Paprikash                             | Warm Pastrami<br>Sandwich       | Chicken Broccoli and<br>Rice Casserole |  |
| Smoked Gouda Mac &<br>Cheese       | Buttered Noodles                      | Herbed Couscous                       | Mashed Sweet Potatoes                | Potato Wedges                              | Baked Sweet Potato<br>Fries     | Parmesan Orzo                          |  |
| Mashed Potatoes                    | Baked Potato Tots                     | Potato Chips                          | Rice Pilaf                           | Buttered Noodle                            | ColeSlaw                        | Bistro Chips                           |  |
| Broccoli Polonaise                 | Garbonzo Bean Salad                   | Steamed Broccoli                      | Ratatouille with<br>Cannellini Beans | Lemon Dill Coleslaw                        | Butter Penne                    | Steamed Carrots                        |  |
| Parmesan Roasted<br>Carrots        | Glazed Carrots                        | Watermelon and<br>Tomato Salad        | Green Peas                           | Green Beans                                | Roasted Broccoli                | Fresh Veggies w/Ranch<br>Dip           |  |
| Chocolate cake                     | Tiramisu Cup Cake                     | Pecan Bar                             | Oatmeal Cookie                       | Brownie                                    | Choocolate Dipped<br>Strawberry | Ice Cream Sandwich                     |  |
| <b>Briarwood Dinner Salads</b>     |                                       |                                       |                                      |  |                                 |  |  |
| Tossed Garden Salad                | Ceasar Salad                          | Ceasar Salad                          | Ceasar Salad                         | Ceasar Salad                               | Ceasar Salad                    | Ceasar Salad                           |  |
| <b>Dinner Entrees</b>              |                                       |                                       |                                      |  |                                 |  |  |
| Baked Chicken Fingers              | Baked Cod, Lemon<br>Butter            | Chicken Cordon Blue                   | Beef Fritter w/ Brown<br>Gravy       | Mustard Maple Pork<br>Tenderloin w/Apples  | BBQ Glazed Salmon               | Fried Shrimp                           |  |
| Quiche Lorraine                    | BBQ Ribs                              | Country Pork Chop                     | Seafood Salad on<br>Croissant        | Grilled Chicken and<br>Vegetable Ceasar SL | Herb Rotisserie Chicken         | Carved NY Strip Loin                   |  |
| Sweet Potato Tots                  | O'Brien Potatoes                      | American Macaroni<br>Salad            | Twiced Baked Potato                  | Brown Butter Gnocchi                       | Orange Almond<br>CousCous       | Dijon Potatoes                         |  |
| Roasted Zucchini                   | Creamed Corn<br>Casserole             | Mashed Potatoes                       | Asparagus & Mushroom<br>Risotto      | Mashed Sweet Potatoes<br>w/ Pecan Butter   | Cheddar Mashed<br>Potatoes      | Mac & Cheese                           |  |
| Peas & Carrots                     | Roasted Zucchini                      | Green Beans with<br>Cherry Tomato     | Parmesan Tomatoes                    | Braised Cabbage                            | Acorn Squash                    | Pickled Beets                          |  |
|                                    |                                       | Roasted Cauliflower                   | Peas                                 | Vegetable Gratin                           | Sauteed Mixed<br>Vegetables     | Lemon Glazed Carrots                   |  |
| Cream Puff                         | Chocolate Cream Pie                   | Blueberry Buckle<br>w/Bourbon Sauce   | Pumpkin Spice Mousse                 | Chocolate Apple sauce<br>Cake              | Dutch Apple Pie                 | Peach & Pear Crisp                     |  |