

		Reflections					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
January 16th	January 17th	January 18th	January 19th	January 20th	January 21st	January 22nd	
<b>Breakfast Features</b>							
Scrambled Egg/Hashbrowns	Scrambled Eggs/Hashbrowns/ Bacon/Sausage	Scrambled Eggs/Hashbrowns / French Toast	Scrambled Eggs/Hashbrowns/ Bacon/Sausage	Scramble Eggs/Hashbrowns/ Pancakes	Scrambled Eggs/Hashbrowns/ Bacon/Sausage	Scramble Eggs/Hashbrowns	
Lemon Poppyseed Muffin	Blueberry Muffin	Cinnamon Roll	Apple Spice Muffin	Fresh Baked Pastry	Mini Danish	Banana Nut Muffin	
<b>Soup of the Day</b>							
Carrot Ginger	Cream of Mushroom Soup	Sweet Potato Bisque	Italian Wedding Soup	Beef Chili	New Clam Chowder	Cream of Broccoli	
Garden Salad	Beef Vegetable Soup	White Bean with Ham Soup	Cream of Chicken Orzo	Tuscan Tomato Soup	Asian Garden Soup	Chicken Tortilla Soup	
<b>Lunch Features</b>							
Baked Ham	Sloppy Joe Sandwich	Soft Chicken Tacos	Cheese Pizza	Egg Benedict	Fried Fish Sandwich, Tarter Sauce	Chicken Salad Croissant	
Biscuit & Gravy	Chicken Salad BLT	Cheese Blintz, Fruit Sauce	Hot Dogs & Baked Beans	Bratwurst with Caramelized Onions	Whole Wheat Pasta, Meat Sauce	Pork Carnita Slider	
	Bistro Chips	Spanish Rice	Tarter Tots		Baked Tater Tots	Bistro Chips	
Steamed Asparagus	Basmati Rice	Charro Pinto Beans	Lima Beans	Sugar Snap Peas	Creamy Coleslaw	Roasted Cherry Tomatoes	
Mashed Sweet Potatoes	Cucumber Dill Salad	Italian Flat Beans	Bean Tomato Orzo Salad	Sweet Potato Tots	Steamed Broccoli	Couscous with Parsley	
Parmesan Roasted Carrots	Creamed Peas	Carrot Raisin Salad		3 Bean Salad		Frersh Veggies with Hummus	
Pound Cake, Berry Sauce	Chocolate Chip Cookie	Brownie	Watermelon Wedge	Jello- No Fruit	Snickerdoodle Cookie	Chocolate Pudding Tart	
<b>Dinner Salad Feature</b>							
Petite Garden Salad	Pear & Almond Salad	Pear & Almond Salad	Pear & Almond Salad	Pear & Almond Salad	Pear & Almond Salad	Pear & Almond Salad	
<b>Dinner</b>							
Chicken Salad Plate	Bourbon Glazed Pork Loin with Pears	Shrimp Creole	Filte Tips Marsala	Baked Chicken Fingers	Stuffed Cabbage Roll	Manicotti with Meat Sauce	
Meatball Sub	Chicken Bowtie Alfredo with Broccoli	Fritter with Onion Sauce	Sauteed Trout	Meatloaf with Gravy	Cube Steak, Mushroom Demi	Turkey Burger	
Baked French Fries	Baked Sweet Potato	Red Beans & Rice	Tomato Basil Coucous	Yukon Gold Mashed Potatoes		Jasmine Rice	
Pasta Salad	Tabbouleh Salad	Cheddar Mashed Potato	Gemelli Pasta	Smoked Gouda Mac & Cheese	Mashed Potatoes	Sweet Potato Fries	
Peas and Carrots	Warm Brussel's Slaw	Succotash	Roasted Vegetables	Braised Collard Greens	Spaghetti Squash	Roasted Carrots & Turnips	
Roasted Turnips	Glazed Beets	Green Bean Almondine	Cauliflower Au Gratin	Pickled Beets	Cumin Roasted Carrots	Stir Fried Veggies	
Rice Krispy Treat	Pumpkin Pie	Apple Pie	Cherry Crisp	Cannoli	Birthday Cake	Pecan Pie	