

		Reflections					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
November 21st	November 22nd	November 23rd	November 24th	November 25th	November 26th	November 27th	
Breakfast Features							
Scrambled Egg/Hashbrowns	Scrambled Eggs/Hashbrowns/ Bacon/Sausage	Scrambled Eggs/Hashbrowns	Scrambled Eggs/Hashbrowns/ Bacon/Sausage	Scramble Eggs/Hashbrowns	Scrambled Eggs/Hashbrowns/ Bacon/Sausage	Scramble Eggs/Hashbrowns	
Lemon Poppysseed Muffin	Blueberry Muffin	Cinnamon Roll	Apple Spice Muffin	Fresh Baked Pastry	Mini Danish	Banana Nut Muffin	
Soup of the Day							
Carrot Ginger	Cream of Mushroom Soup	Sweet Potato Bisque	Italian Wedding Soup	Beef Barley Soup	New Clam Chowder	Cream of Broccoli	
Garden Salad	Beef Vegetable Soup	White Beam with Ham Soup	Cream of Chicken Orzo		Asian Garden Soup	Chicken Tortilla Soup	
Lunch Features							
Baked Ham	Sloppy Joe Sandwich	Soft Chicken Tacos	Cheese Pizza	Roast Turkey , Cranberry Sauce	Fried Fish Sandwich, Tarter Sauce	Chicken Salad Croissant	
Biscuit & Gravy	Chicken Salad BLT	Cheese Blintz, Fruit Sauce	Hot Dogs & Baked Beans	Root Beer Glazed ham	Whole Wheat Pasta, Meat Sauce	Pulled Pork Slider	
Scalloped Potatoes	Bistro Chips	Spanish Rice	Tarter Tots	Mashed Potatoes	Baked Tater Tots	Bistro Chips	
Toasted Garlic Orzo	Basmati Rice	Charro Pinto Beans	Lima Beans	Roasted Sweet Potatoes	Creamy Coleslaw	Couscous with Parsley	
Steamed Asparagus	Cucumber Dill Salad	Italian Flat Beans	Bean Tomato Orzo Salad	Pea & Carrots	Steamed Broccoli	Fresh Veggies, Hummus	
Parmesan Roasted Carrots	Creamed Peas	Carrot Raisin Salad	Coleslaw	Green Bean Casserole		Roasted Cherry Tomatoes	
Pound Cake, Berry Sauce	Gingerbread Cookie	Brownie	Watermelon Wedge	Pumpkin Pie	Snickerdoodle Cookie	Chocolate Pudding Tart	
Dinner Salad Feature							
Petite Garden Salad	Pear & Walnut Salad	Pear & Walnut Salad	Pear & Walnut Salad	Garden Salad	Pear & Walnut Salad	Pear & Walnut Salad	
Dinner							
Chicken Salad Plate	Bourbon Glazed Pork Loin with Pears	Shrimp Creole	Filte Tips Marsala	Chicken Parmesan	Stuffed Cabbage Roll	Manicotti with Meat Sauce	
Meatball Sub	Chicken Bowtie Alfredo with Broccoli	Fritter with Onion Sauce	Sauteed Trout	Meatball Marinara	Cube Steak, Mushroom Demi	Turkey Burger	
Baked French Fries	Baked Sweet Potato	Red Beans & Rice	Tomato Basil Coucous	Cheese Tortellini	Vegetable and Farro Risotto	Jasmine Rice	
Pasta Salad	Tabbouleh Salad	Cheddar Mashed Potato	Gemelli Pasta	Steamed Capri Vegetables	Scalloped Potatoes	Sweet Potato Fries	
Peas and Carrots	Warm Brussel's Slaw	Succotash	Roasted Vegetables	Wax Beans	Spaghetti Squash	Roasted Carrots and Turnips	
Roasted Turnips	Glazed Beets	Green Bean Almondine	Cauliflower Au Gratin		Cumin Roasted Carrots	Stir Fry Bok Choy, Mushrooms, Asparagus with Cashew Nuts	
Rice Krispy Treat	Lemon Meringue Pie	Apple Pie	Berry Pie	Chocolate Éclair	Triple Chocolate Cake	Pecan Pie	